

PLASTIC FREE LENT: WEEK 1



MAKE A ZERO WASTE TO GO KIT

Sunday



March 2, 2025

Welcome to Plastic Free Lent!

This week, we'll be creating a Zero Waste To-Go kit for each car you use.

To get ready, pick out a container to use in your car or bag to collect items.

#plasticfree

Monday



March 3, 2025

The goal is simple: to eliminate creating waste along our daily path and to avoid bringing single use plastics home.

#zerowaste

Tuesday



March 4, 2025

You've Got This!

#noplasticsforlent

Wednesday



March 5, 2025

Say no to on-the-go plastic cutlery.

Get a bag or container to use as a Zero Waste Kit. Add a small set of reusable silverware to your Zero Waste To-Go Kit and keep it in your car or purse.

No need to purchase a fancy set. Just use your own silverware or grab extra from a thrift shop.

#noplasticsforlent

Thursday



March 6, 2025

Reusable produce bags

Add reusable produce bags to your Zero Waste kit!

You can purchase bags, reuse bags that you already own, or better yet, make your own!

Bonus points, avoid buying produce that is wrapped in plastic and avoid those thin single use plastic bags.

[Make Your Own Here](#)

Friday



March 7, 2025

Skip the Straw

We use a straw for just a few minutes, but it takes one plastic straw 200 years to decompose back into the earth!

Skip the straw altogether, or add one of these alternatives to your Zero Waste kit!!!

[Alternative Straws](#)

Saturday



March 8, 2025

To-go containers

Add a reusable container to your kit! This could be a sturdy to go container, Tupperware, glass jar, or anything else you already own!

Then make sure you bring it inside with you next time you eat out or attend a gathering to avoid styrofoam and other single use to go containers.

#noplasticsforlent